*#begin*

Congratulations…your series of binge-drinking unmask is on your way

**ATTENTION: +**

This is a highly transformative video for any type of

addiction activity and emotional detox inside the brain

**For Highly Successful Women Who Want To**

**Reclaim Their Power & Rewrite Their Story**

*This 90-minute video is for you to break free from any addiction*

*Or release emotional pain even if you’ve tried therapy before*

*(ADD VIDEO)*

**The First Step To Discover The Power Of Healing**

**and Transformation** *starts here*

*If…..*

✔️ Unsure of how to tackle addictive behaviours and emotional pain without traditional therapy

✔️ You’re finding it hard to decide on the next-best step for your problems.

✔️ Maybe you're thinking, "I wish I could see a therapist, but time and money are tight."

✔️ You tried multiple therapies & exercises to fix your problem, but nothing clicks?

✔️ You feel embarrassed to address your problems of fixing any behavioural habit.

*Then listen up ladies.*

I'm here to solve your problem and ….

**Break the cycle of self-sabotage and limitations.**

No matter how stuck you feel in your emotions and behaviours.

More importantly... **I'll SHOW HOW YOU SOLVE ANY SPECIFIC PROBLEM ..**

**WITH JUST A 60-MINUTE VIDEO SESSION.**

[Add all achievements]

**80% of WOMEN GO THROUGH THIS ALONE**

✔️Despite your achievements, you might find yourself **feeling powerless in controlling your addictive behaviours**. It's like you're stuck in a cycle you can't seem to break, no matter how hard you try.

✔️The **pressure to excel at work while managing family commitments** can lead to overwhelming stress. It's like constantly juggling multiple balls in the air, fearing that one wrong move could cause everything to come crashing down.

✔️**Guilt, shame, and dishonesty surrounding behaviours** hamper trust and communication, leading to feelings of isolation and alienation. It's like a barrier between you and the people you care about, making it difficult to connect on a deeper level.

*Above all…..*

✔️ There's a nagging feeling of shame or embarrassment that **holds you back from opening up about their struggles.** With so many different treatment options and conflicting advice floating around, it's easy to feel even more confused and overwhelmed.

**You’re here because you’ve probably tried all sorts of therapies**

**and treatments, but nothing seems to stick**

*This is why….*

**Introducing You Breakthrough Breakaway,**

A transformative video designed to break the chains of emotional and behavioural challenges and empower you to reclaim your life.

Drawing on my extensive expertise in Hypnosis, NLP, Timeline therapy, Huna, Conversational Hypnosis, EMDR & Energy psychology, along with 25 years of experience working with women just like you, this video offers a proven pathway to liberation from binge eating or drinking.

In these 90-mins sessions, you'll unlock the secrets to overcoming past habits and regaining control of your life.

No matter your past experiences or current struggles, this course is tailored to meet your unique needs and guide you towards lasting freedom.

| **Let’s Get Started**  |
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**After This Session, You’ll Get Your Answers To**

**……** powerful techniques that my clients rely on without a second thought to tackle stress, sadness, depression, binge eating or drinking, limiting beliefs, or even boosting their income.

**…….** how you can enhance your mental clarity and focus, allowing you to approach tasks and challenges with clarity and efficiency.

**…….** how you can build confidence from within means recognizing your worth and value. You’ll learn to acknowledge your strengths and achievements.

**……** how you can create habits that match with what you want in life. Living a life where you practice things that help you reach your goals and dreams.

**Say goodbye to feeling stuck.**

**Forget what you’ve heard about therapy and recovery.**

*The universal solution is to have more control over your problems.*

The truth is, that many common beliefs about overcoming old habits or emotional damages are based on outdated or flawed theories.

It's time to break free from the cycle of misinformation and take control of your journey.

This video is packed with powerful techniques and strategies designed to help you break free from any form of addiction or emotional turmoil, allowing you to regain control over your life.

With a focus on transformation, you'll discover a range of highly effective methods to overcome obstacles and reclaim your sense of empowerment.

It will also empower you with practical strategies and insights tailored specifically to your needs as a successful woman juggling the pressures of work

and family life.

It's your chance to reclaim your sense of control, rebuild your relationships, and unlock a brighter, healthier future.

**WHO AM I TO SAY THIS?**

I’m Luke Michael Howard, a Clinical Hypnotist and owner of LUKEnosis Hypnosis.

Luke's journey began when he witnessed his father's battle with alcoholism, which tragically led to his demise.

Seeing his mother cope—or not cope—with the fallout deeply affected him. After years of struggling with personal demons and finding no solace in traditional therapy, Luke stumbled upon a life-changing revelation: a simple hypnosis cassette.

By leveraging my expertise in Hypnosis, NLP, Time Line Therapy, and more, honed over 25 years of working with individuals like you, I've crafted a solution tailored to your needs.

This video isn't just about quitting binge drinking—it's about overcoming abandonment, addiction, stress, and shame. It's about tackling fears, phobias, and insecurities head-on.

**Inside Breakthrough Breakaway**

| **You’ll get**  | **Walk away with** |
| --- | --- |
| **90-Minute Video Training** | Highly transformative techniques and strategies to help you break free from any type of addiction, or emotion and reclaim control over your life. |
| **Ebook: Strategies for Women to Enjoy Alcohol-Free Socializing** | Discover practical tips and advice for navigating social situations confidently and gracefully without alcohol.  |
| **$100 Voucher for 1-on-1 Coaching** | Get a head start on your journey to recovery with a generous discount on private coaching sessions with Luke. |
| **Access to Private Facebook Community** | Join a supportive community of like-minded individuals on the same journey. |

| **TESTIMONIAL**  |
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Join the

| 90-minute Video Training on breaking free from any binge habits or emotional challenges.  (Value $499)**Bonus**: Private Facebook Group (Value $97)**Bonus**: $100 Voucher for 1-on-1 Coaching**Bonus**: Ebook on Strategies for Women to Enjoy Alcohol-Free Socializing(shared my years of proven practices) (Value $154) |
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**~~Total Value: $850~~**

**Beta Price - $97.00**

| **I’m Ready To Take Actions** |
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| **[TESTIMONIAL]** |
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**Got Questions? I’ve got answers**

1. **Will I get lifetime access to this video?**

Yes, you’ll have lifetime access to this video once you purchase it.

1. **How will this 90-minute session help me?**

You’ll be able to take the FIRST-BEST-STEP to break free from any kind of habit or emotional challenges.

1. **Do I get any personal assistance after purchasing this video?**
2. **How can I work 1:1 with Luke?**
3. **Can I know more about Luke?**
4. **How does hypnosis come into the picture?**

By using my accumulated skills in Hypnosis, NLP, Timeline therapy, Huna, Conversational Hypnosis, EMDR & Energy psychology and 25 years of experience in working with people just like you.

1. **Am I guaranteed 100% recovery through this video?**

In the same way, a doctor, psychiatrist or lawyer can’t guarantee you a result neither can I. What I can guarantee though is you’ll be gaining access to someone who has helped 10,000 clients over 25 years break free from the grips of binge drinking without suffering or transferring the addiction to another addiction to finally be happy.

| **[TESTIMONIAL]** |
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And all it takes is 30 days to break the cycle and make a difference

This is my invitation to you to join [name of the course]

I can’t wait to “see you” on the other side

| **TESTIMONIAL**  |
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